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MARTYRS

at Ephesus



BENEDICTINES OF MARY, QUEEN OF APOSTLES

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- TOTAL PLAYING TIME: 44:03

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SAINT PHILOMENA (+304)  
Patroness of Tradition.  
Martyred at the age of 13  
after five attempts.

## I. EXAUDI DEUS

MUSIC— GIOVANNI CROCE (+1609); LYRICS— PSALM 54:2.

*This text is sung at Matins on Martyrs' feasts and the Stational Mass of St. George, the Martyr.*

Exáudi, Deus, oratiónem  
meam, et ne despéxeris  
deprecatiónem meam:  
inténde mihi et exáudi me.

Hear, O God, my prayer  
and despise not my  
supplication: be attentive  
to me and hear me.

## 2. PRAISE THE LORD

MUSIC— BENEDICTINES OF MARY; LYRICS— PSALM 145.

*In thanksgiving to St. Cecilia, Sr. Wilhelmina and all who give their lives to Christ.*

Praise the Lord, O my soul: in my life I will give Him praise.  
I will sing to my God as long as I shall live. (Amen.)

Put not your trust in princes,  
in the children of men  
who cannot give salvation.  
Blessed is he who has God,  
the God of Jacob,  
for his helper,  
Whose hope is in the Lord.

Those who are blind  
He enlightens,  
He lifts those cast down,  
the Lord loves the righteous.  
He shall reign forever,  
thy God, O Sion, forever.  
O praise the Lord, O my soul!

**3. ANIMA CHRISTI** MUSIC—MSGR. MARCO FRISINA (B. 1954); LYRICS—MEDIÉVAL PRAYER. *St. Ignatius popularized this prayer in his Spiritual Exercises, and it is often used to prepare for death.*



SAINT CHRISTOPHER (+251)  
Patron of Travelers, Bearer of the Christ Child.  
Martyred for refusing idolatrous worship  
after converting women sent to tempt him.

Anima Christi,  
sanctífica me.  
Corpus Christi,  
salva me.  
Sanguis Christi,  
inébria me.  
Aqua láteris Christi,  
lava me.

Pássio Christi,  
confórta me.  
O bone Jesu,  
exáudi me.  
Intra vúlnera tua  
abscónde me.

Ne permíttas me  
a te me separáři.  
Ab hoste malíño  
defénde me.  
In hora mortis meae  
voca me.

Et jube me  
veníre ad te,  
Ut cum sanctis tuis  
laudem te,  
Per infiníta  
sácula sáculórum. Amen.

Soul of Christ,  
sanctify me.  
Body of Christ,  
save me.  
Blood of Christ,  
inebriate me.  
Water from the side of Christ,  
wash me.

Passion of Christ,  
strengthen me.  
O good Jesus,  
hear me.  
Within Thy wounds  
hide me.

Do not permit me  
to be separated from Thee.  
From the malignant enemy  
defend me.  
In the hour of my death,  
call me.

And command me  
to come to Thee,  
That with Thy Saints  
I may praise Thee,  
Through infinite ages.  
Amen.

#### 4. CANTANTIBUS ORGANIS

MUSIC— ATTRIBUTED TO FRANÇOIS-JOSEPH GIRAUD (+1788); LYRICS— ANTIPHON FROM THE OFFICE OF ST. CECILIA.

*Cantántibus órganis,  
Cæcília Dómino  
decantábat, dicens:  
Fiat cor meum  
immaculátum, ut non  
confúndar.*

While musical instruments were playing, Cecilia sang to the Lord, saying: “May my heart be undefiled, that I be not confounded.”

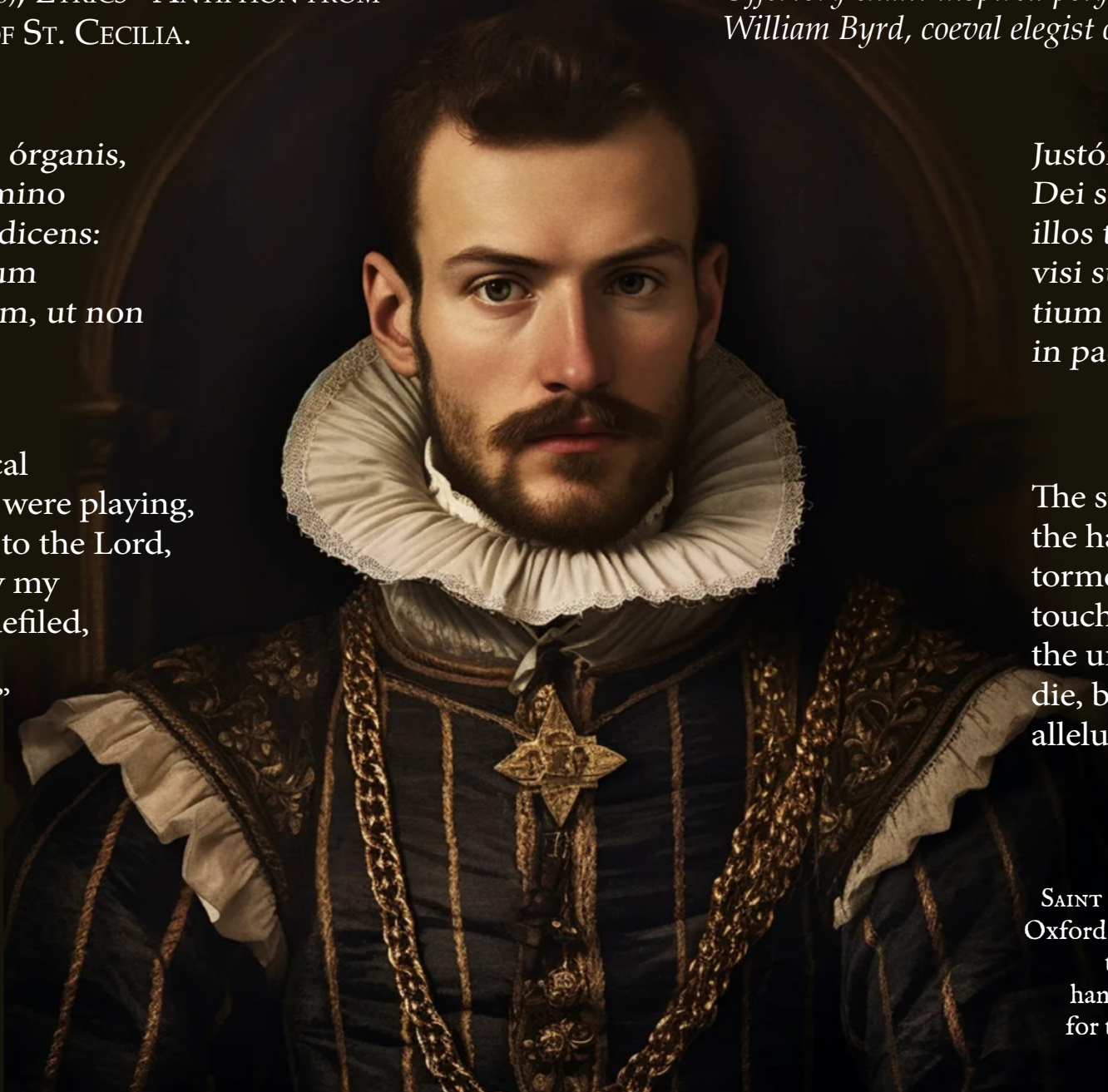
#### 5. JUSTORUM ANIMAE (*Missa Salus Autem*)

MUSIC— CHANT MODE I; LYRICS— WISD. 3:1-3 *This Offertory chant inspired polyphonic versions like that of William Byrd, coeval elegist of the English Martyrs.*

*Justórum ánimae in manu  
Dei sunt, et non tanget  
illos torméntum malítiae;  
visi sunt óculi insipiéntium  
mori: illi autem sunt  
in pace, allelúia.*

The souls of the just are in the hand of God, and the torment of malice shall not touch them: in the sight of the unwise they seemed to die, but they are in peace, alleluia.

SAINT EDMUND CAMPION, SJ (+1581)  
Oxford Scholar and Anglican Deacon  
turned Catholic Priest,  
hanged, drawn and quartered  
for the Roman Catholic Mass.



## 6. FROM ALL THY SAINTS IN WARFARE

RALPH VAUGHAN WILLIAMS (+1958); HORATIUS NELSON (+1864)

From all Thy saints in warfare,  
For all Thy saints at rest,  
To Thee, O blessed Jesus,  
All praises be addressed.  
Thou, Lord, didst win the battle  
That they might victors be;  
Their crowns of living glory  
Are lit with rays from Thee.

Apostles, prophets, martyrs,  
And all the sacred throng  
Who wear the spotless raiment,  
Who sing the ceaseless song –  
For these, passed on before us,  
Savior, we Thee adore,  
And walking in their footsteps  
Would serve Thee more and more.

Then praise we God the Father,  
And praise we God the Son  
And God the Holy Spirit,  
Eternal Three in One,  
Till all the ransomed number  
Fall down before the throne  
And honor, pow'r, and glory  
Ascribe to God alone.



SAINTS JOHN AND PAUL (+362)  
Saints of the Roman Canon,  
Brothers Martyred  
by Julian the Apostate.

## 7. EXULTATE JUSTI

MUSIC— LUDOVICO DA VIADANA, OFM (+1627);  
LYRICS— PSALM 32:1-3

*The first Missal appearance of this text comes for the feast of the martyr, St. Thomas of Canterbury, and is taken up for many other martyrs' feasts throughout the year.*

Exsultáte justi  
in Dómino,  
rectos decet  
collaudátio.

Confitémini Dómino  
in cíthara,  
in psaltério  
decem chordárum  
psállite illi.  
Cantáte ei  
cánticum novum,  
bene psállite ei  
in vociferatióne.

Exsultáte justi  
in Dómino,  
rectos decet  
collaudátio.

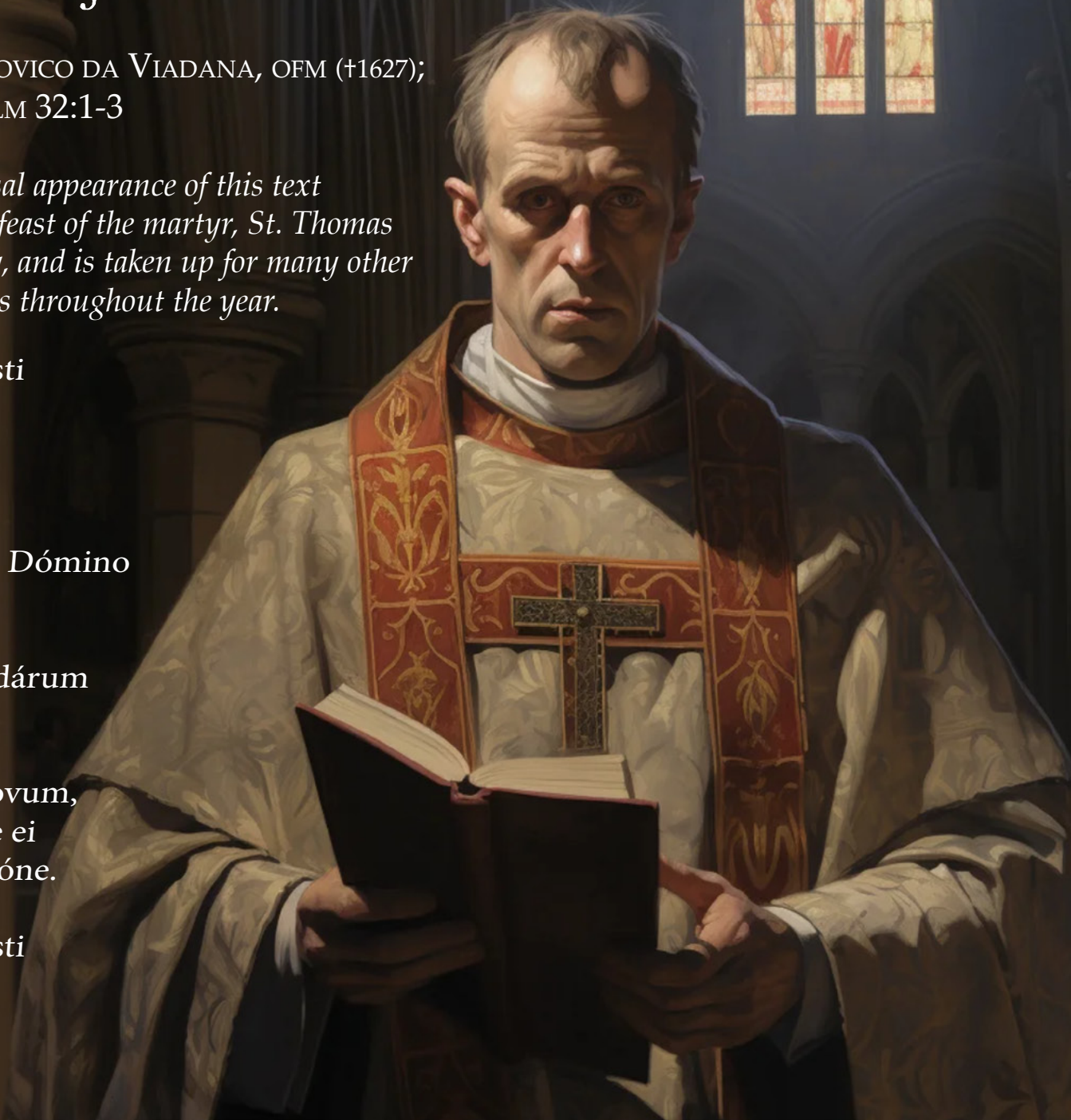


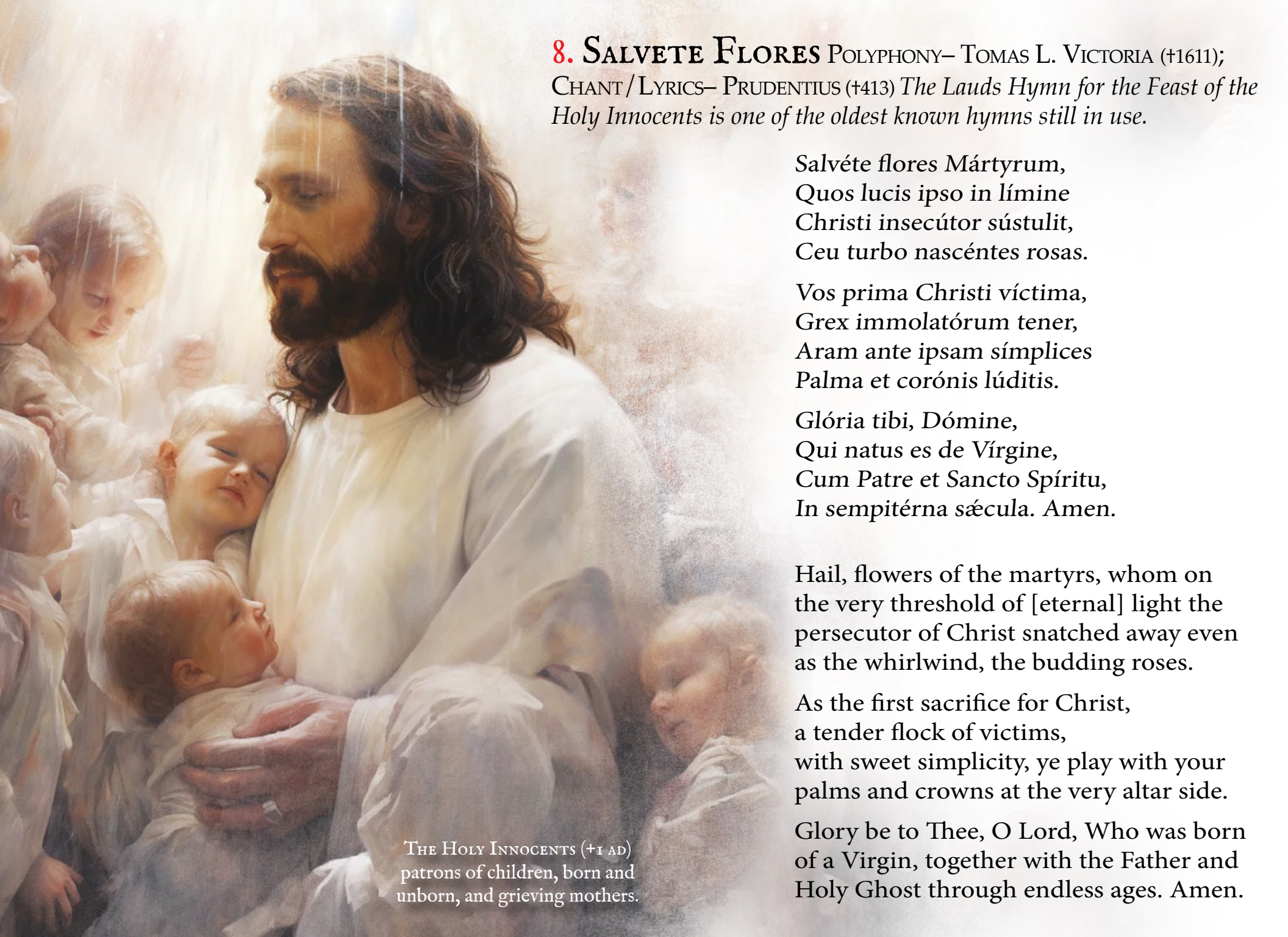
SAINT THOMAS OF  
CANTERBURY (+1170)  
son of a Crusader and  
converted Muslim,  
murdered in his own  
Cathedral for the  
defense of religious  
liberty.

Rejoice in the Lord,  
O ye just:  
praise becometh  
the upright.

Give praise  
to the Lord  
on the harp;  
sing to him  
with the psaltery,  
the instrument  
of ten strings.  
Sing to Him  
a new canticle:  
sing well unto him  
with a loud noise.

Rejoice in the Lord,  
O ye just:  
praise becometh  
the upright.





**8. SALVETE FLORES** POLYPHONY— TOMAS L. VICTORIA (+1611);  
CHANT / LYRICS— PRUDENTIUS (+413) *The Lauds Hymn for the Feast of the Holy Innocents is one of the oldest known hymns still in use.*

Salvéte flores Mártyrum,  
Quos lucis ipso in límine  
Christi insecútor sústulit,  
Ceu turbo nascéntes rosas.

Vos prima Christi víctima,  
Grex immolatórum tener,  
Aram ante ipsam símplices  
Palma et corónis lúditis.

Glória tibi, Dómine,  
Qui natus es de Vírgine,  
Cum Patre et Sancto Spíritu,  
In sempitérna sæcula. Amen.

Hail, flowers of the martyrs, whom on the very threshold of [eternal] light the persecutor of Christ snatched away even as the whirlwind, the budding roses.

As the first sacrifice for Christ, a tender flock of victims, with sweet simplicity, ye play with your palms and crowns at the very altar side.

Glory be to Thee, O Lord, Who was born of a Virgin, together with the Father and Holy Ghost through endless ages. Amen.

THE HOLY INNOCENTS (+1 AD)  
patrons of children, born and  
unborn, and grieving mothers.



## 9. IN PACE

MUSIC— ORLANDO LASSUS (+1594); LYRICS— PSALM 4:9-10 *Sung for Matins of Martyrs' feasts and the station Mass of St. Anastasia*

In pace in idípsum dórmiám et  
requiéscám: quóniam tu Dómine  
singuláriter in spe constituísti me.

In peace in the selfsame I will sleep,  
and I will rest: for thou, O Lord,  
singularly hast settled me in hope.

## 10. UT QUEANT LAXIS

MUSIC & LYRICS —ATTRIBUTED TO PAUL THE DEACON (+798) MODE II  
*This Vespers hymn for the Feast of St. John the Baptist was utilized by the monk Guido D'Arezzo for the teaching of the "Do Scale," deriving each note from the pitch and first syllable of the first verse.*

Ut queant laxis  
resonáre fibris  
Mira gestórum  
fámuli tuórum,  
Solve pollúti  
lábii reátum,  
Sancte Ioáannes.

Núntius celso  
véniens olýmpo,  
Te patri magnum  
fore nascitúrum,  
Nomen, et vitæ  
sériem geréndæ  
Ordine promit.

That thy servants  
may be able to sing  
thy deeds of wonder  
with pleasant voices,  
remove, O holy John,  
the guilt of our  
sin-polluted lips.

A messenger from  
highest heaven discloses  
in due order to thy father  
that thou wouldst  
be born great, thy name, and  
the whole course  
of the life thou wouldst lead.

ST. BIBIANA (OR VIVIAN +360)  
tortured by a woman who tried to defile her,  
then scourged to death.





Ille promíssi  
dúbius supérni,  
Pérdidit promptæ  
módulos loquélæ:  
Sed reformásti  
génitus peréemptæ  
Organa vocis.

Ventris obstrúso  
récubans cubíli,  
Sénseras Regem  
thálamó manéntem:  
Hinc parens nati  
méritis utérque  
Abdita pandit.

Glória Patri,  
genitæque Proli,  
Et tibi compar  
utriúsque semper,  
Spíritus alme,  
Deus unus, omni  
Témpore sæcli.  
Amen.

He (Zachary), doubtful of  
the heavenly promise,  
lost the power of ready  
speech; but when born,  
thou didst restore the or-  
gans of the lost voice.

Still resting in the concealed  
abode of the womb, thou  
didst perceive thy  
King reposing  
in His chamber:  
thereupon both parents by  
the merits of their sons,  
revealed hidden things.

Glory be to the Father,  
and to the only-begotten  
Son, and to Thee,  
O gracious Spirit,  
ever equal to Them both,  
one God, in every  
time of the world.  
Amen.

ST. JOHN THE BAPTIST (+30 AD)  
“Friend of the Bridegroom” who  
prepared the way of the Lord with his  
martyrdom in defense of marriage.  
(painting by Wm. Bouguereau)



## II. I HEARD THE VOICE OF JESUS SAY

MUSIC— TRAD. GAELIC; LYRICS— HORATIO BONAR (+1889)

I heard the voice of Jesus say,  
“Come unto Me and rest.  
Lay down, thou weary one,  
lay down thy head upon My breast.”  
I came to Jesus as I was,  
weary and worn and sad;  
I found in Him a resting place,  
and He has made me glad.

I heard the voice of Jesus say,  
“Behold, I freely give  
The living water; thirsty one,  
stoop down, and drink, and live.”  
I came to Jesus, and I drank  
of that life-giving stream;  
My thirst was quenched, my soul revived,  
and now I live in Him.

I heard the voice of Jesus say,  
“I am this dark world’s light;  
Look unto Me, thy morn shall rise,  
and all thy day be bright.”  
I looked to Jesus, and I found  
in Him my star, my sun;  
And in that light of life I’ll walk  
till my traveling days are done.

ST. PAUL MIKI, SJ (+1862)  
Crucified at Nagasaki, Japan.  
“I hope my blood will fall on my  
fellow men as a fruitful rain.”

**12. CANTANTIBUS ORGANIS** MUSIC— ORESTE RAVANELLO (+1938)  
(SEE TRACK 4.)

**13. MISERERE** MUSIC— JAN SWEELINCK (+1621);  
LYRICS— PSALM 4:2 *A double canon by the famed organist,  
with the text sung at Matins on Martyrs' feasts.*

Miserere mei, Dómine, et exáudi  
oratiónem meam.

Have mercy on Me, Lord,  
and hear my prayer.

## **14. FOR ALL THE SAINTS**

RALPH VAUGHAN WILLIAMS (+1958); WILLIAM HOW (+1897)

For all the saints, who from their labors rest,  
Who Thee by faith before the world confessed,  
Thy Name, O Jesus, be forever blest. Alleluia.

O blest communion, fellowship divine,  
We feebly struggle, they in glory shine;  
Yet all are one in Thee, for all are Thine.

O may Thy soldiers, faithful, true and bold,  
Fight as the saints who nobly fought of old,  
And win with them the victor's crown of gold.

ST. CHARLES  
LWANGA (+1886)  
burnt to death for the  
faith and resistance to the  
sodomitical advances  
of the king.



From earth's wide bounds,  
from ocean's farthest coast,  
Through gates of pearl  
streams in the countless host,  
And singing to Father, Son,  
and Holy Ghost.

**15. ALLELUIA**  
(*Missa Salus Autem*)

MUSIC— GREGORIAN  
CHANT MODE V;  
LYRICS ATTRIBUTED  
TO ST. NICETAS  
OR ST. AMBROSE.

*Taken from the Mass  
for Martyrs with the  
verse from the  
Te Deum.*



ST. MARIA  
GORETTI (+1902)  
Martyr of Purity,  
died at the age of 11  
while forgiving her  
assailant.

*Allelúia, allelúia.*  
*Te Mártyrum*  
*candidátus lau-*  
*dat exercitus,*  
*Dómine. Alleluia.*

*Alleluia, alleluia.*  
*The white-robed*  
*army of Martyrs*  
*praises Thee, O*  
*Lord. Alleluia.*

## 16. JESUS, KING OF MARTYRS

MUSIC—BENEDICTINES OF MARY; LYRICS—SR. WILHELMINA (+2019)


Jesus, King of Martyrs,  
Glory be to Thee!

Thou hast suffered tortures,  
Thou hast died for me!  
Thou hast risen from the dead,  
Reigning now in heav'n  
Where the Spirit's welcome  
To us shall be given.

Glory to the Spirit,  
Who helps us to endure  
All our earthly trials  
In the faith secure.

We have hope that we shall rise  
And rejoice in heav'n,  
There the Spirit's welcome  
To us will be giv'n.

Honor to our Mother,  
Who has borne the sword  
Of her Son Who suffers,  
His Precious Blood outpoured!  
Lifted high on Calvary  
Daily at the Mass,  
Grant that I stand with thee  
Till the sword shall pass.



BLESSED MIGUEL PRO, SJ (+1927)  
Martyr of Mexico,  
executed while crying out:  
“Long Live  
Christ the King!”



ST. FLORIAN (+304)  
Patron of firefighters,  
scourged, flayed,  
burned and finally  
drowned.

## 17. BENEDICTUS

MUSIC—CHANT MODE VII;

LYRICS— DANIEL 3:57

*Canticle of the Three Young Men in the fiery furnace.*

*Benedíctus es,  
Dómine, Deus  
patrum nostrórum.  
Et laudábilis et  
gloriósus in saecula.*

Blessed art Thou, O  
Lord, the God of our  
fathers, praiseworthy  
and exalted above all  
forever.

*Et benedíctum  
nomen glóriæ tuæ,  
quod est sanctum.  
Et laudábile...*

And blessed is Thy  
holy and glorious  
name, praiseworthy  
and exalted above all  
for all ages.

*Benedíctus es in  
templo sancto  
glóriæ tuæ.*

Blessed art Thou in  
the temple of Thy  
holy glory.

*Benedíctus es super  
thronum sanctum  
regni tui.  
Et laudabilis...*

Blessed art Thou on  
the holy throne of  
Thy kingdom, praise-  
worthy and exalted...

*Benedíctus es super sceptrum divinitátis tuæ.*

*Benedíctus es, qui sedes super Chérubim, íntuens abýssos.*

*Benedíctus es, qui ámbulas super pennas ventórum et super undas maris.*

*Benedícant te omnes Angeli et Sancti tui.*

*Benedícant te coeli, terra, mare, et ómnia quæ in eis sunt.*

*Glória Patri, et Fílio, et Spirítui Sancto. Sicut erat in princípío, et nunc, et semper: In saecula sæculórum. Amen. Et laudábili...*

*Benedíctus es, Dómine, Deus patrum nostrórum. Et laudábili et gloriósus in saecula.*

Blessed art Thou upon the sceptre of Thine divinity.

Blessed are Thou Who look into the depths from Thy throne upon the Cherubim.

Blessed art Thou Who walk upon the wings of the wind, and on the waves of the sea.

Let all Thine Angels and Saints bless Thee.

Let the heavens, the earth, the sea and all the things that are in them bless Thee.

Glory be to the Father, and to the Son, and to the Holy Spirit, as it was in the beginning, is now, and ever shall be, world without end. Amen.

Blessed art Thou, O Lord, the God of our fathers, praiseworthy and exalted above all forever.



ST. AGNES (+304)  
Patroness of girls and  
of purity, martyred at  
the age of 13.





**I8. FAITH OF OUR FATHERS**    MUSIC— JAMES WALTON (+1905);  
LYRICS— FR. F. FABER (+1863) *This music was originally penned to honor St. Catherine of Alexandria, while Father Faber's original lyrics specific to England and Ireland were generalized for universal use in this commonly known form.*

SAINT WENCESLAUS (+935)  
King of Bohemia,  
martyred at the age of 28  
through the conspiracy  
of his mother  
and brother.

Faith of our fathers! Living still  
In spite of dungeon, fire and sword:  
O how our hearts beat high with joy  
Whene'er we hear that glorious word:

Faith of our fathers, holy faith! We will be true to  
thee till death.

Our fathers, chained in prisons dark,  
Were still in heart and conscience free:  
And truly blest would be our fate  
If we, like them, should die for thee.

Faith of our fathers! Mary's prayers  
Shall win all nations unto thee:  
And though the truth that comes from God  
Mankind shall then indeed be free.

Faith of our fathers! We will love  
Both friend and foe in all our strife:  
And preach thee, too, as love knows how,  
By kindly deeds and virtuous life.

Recorded February 2024 at  
the Abbey in Gower, MO.

Producer:

Benedictines of Mary

Engineer:

Will Crain of BRC audio,  
Kansas City KS.

Arrangements of tracks

6, 11, 14, 17, 18

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“Praise the Lord” and  
“Jesus, King of Martyrs”  
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2024.

Proceeds from this  
recording will go to the  
building fund for the  
daughterhouses of the  
Benedictines of Mary.

Special thanks to Julian  
Ahlquist for providing  
the images in this  
booklet.

SAINT EULALIA (+304)  
Tortured 13 ways  
(including crucifixion)  
till death at age 13.